

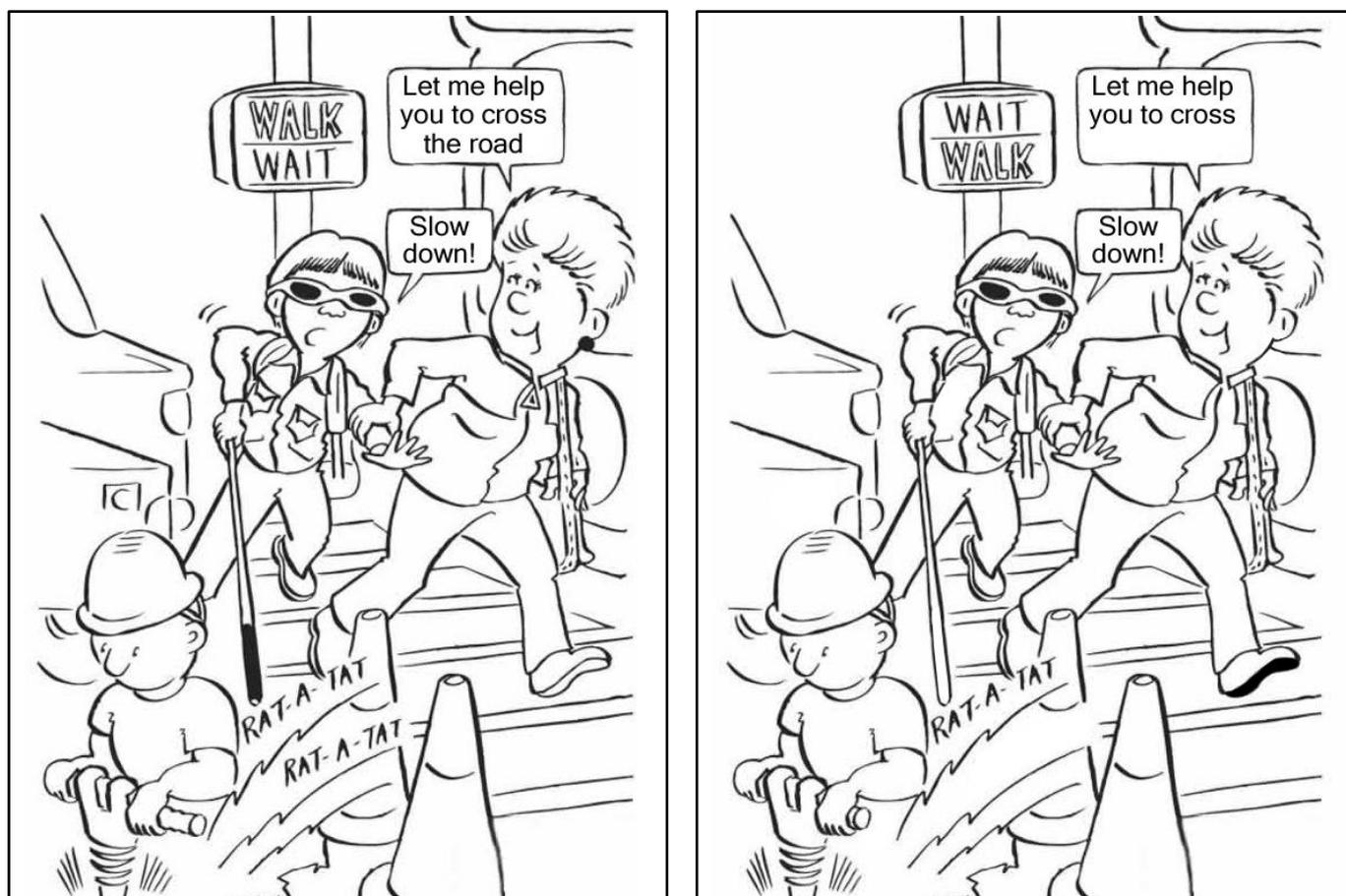
# PAB

## Peterborough Association for the Blind



1) Not being able to see can make it difficult to do everyday things. How well would you manage? Put a scarf around your eyes and try to put your shoes on or clean your teeth. Ask an adult to watch you in case you bump into something.

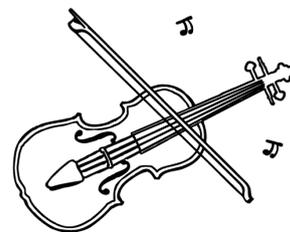
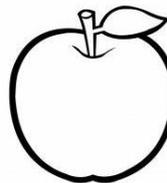
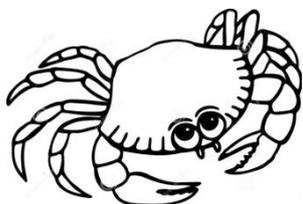
2) Some blind or partially sighted people may need your help crossing a busy road. You could ask them if they need help and how they would like you to guide them across. Remember to walk at their speed and never pull them. Can you spot the 10 differences in the picture below?



3) In this country, how often do you think someone will start to lose their sight? Is it:

Every 5 minutes  Every 5 hours  Every 5 days  Every 5 weeks  Every 5 months

4) When you cannot see very well, it helps if someone describes an object to you, or what the place looks like where you are standing. Ask an adult or friend to close their eyes and try to describe the following pictures to them, without saying what they are! Did they guess correctly?



5) People who cannot see very well (partially sighted people) can see different things. Below are three people who have different eye problems. Can you spot what they are looking at?

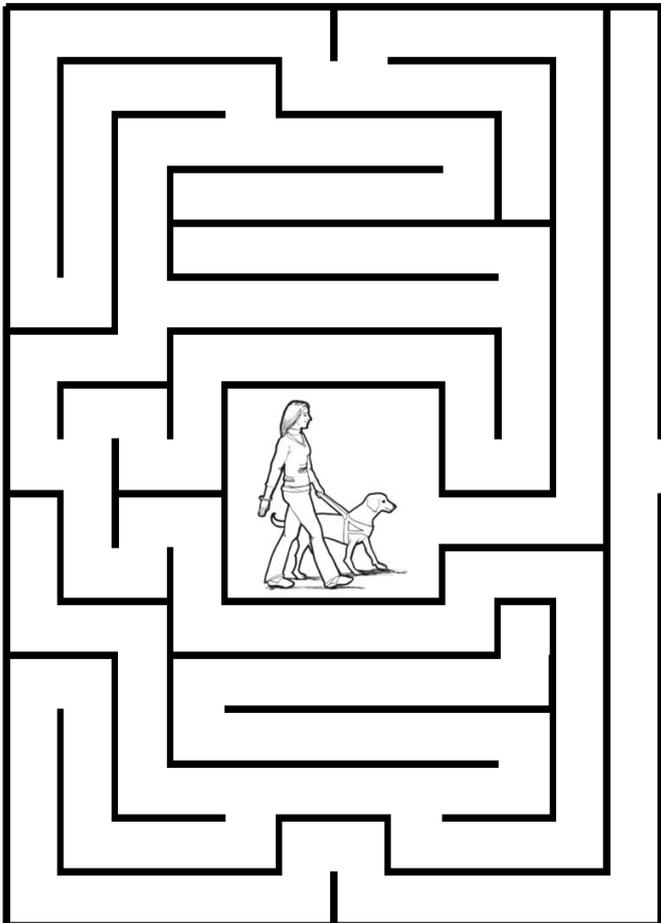
Sue has Macular Degeneration. Alex has Glaucoma. He is looking Lily has Cataracts. She is looking  
 She is looking at a ..... at a ..... at a .....



6) Can you guess which of these statements are true, and which are false. Just tick true or false!

- A: Blind people are not allowed to drive a car. .... True  or False
- B: Lots of blind people are scared to leave their house in case they get lost... True  or False
- C: Blind people cannot live on their own and need people to care for them... True  or False
- D: All blind people wear dark sunglasses..... True  or False
- E: Blind people use their hearing, smell and touch more than other people... True  or False
- F: A blind person will touch your face to feel what you look like..... True  or False

7) Ask an adult to get you 6 different pairs of socks, and mix them together on the floor. With your eyes closed, see who can match the socks back together the fastest, just by feeling them!



8) When you cannot see it is easy to get lost – even if you have a guide dog. A guide dog does not know the way, it only knows how to avoid danger and guide its owner safely. The blind person has to remember the way by learning how long each part of the journey will take or by listening for different sounds or changes in the pavement. Can you help Jenny and her guide dog Bonnie find a way out of the maze?

**Answers:**

3: Every 5 minutes.  
 5: Sue: Bike  
 Alex: House  
 Lily: Dog  
 6: A: True B: True  
 C: False D: False  
 E: True F: False